

# Human Health and Well-Being

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## V(A). Planned Program (Summary)

### 1. Name of the Planned Program

Human Health and Well-Being

## V(B). Program Knowledge Area(s)

### 1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
724	Healthy Lifestyle	90%			
804	Human Environmental Issues Concerning Apparel, Textiles, and Residential and Commercial Structures	10%			
	<b>Total</b>	100%			

## V(C). Planned Program (Inputs)

### 1. Actual amount of professional FTE/SYs expended this Program

Year: 2008	Extension		Research	
	1862	1890	1862	1890
<b>Plan</b>	9.2	0.0	0.0	0.0
<b>Actual</b>	5.3	0.0	0.0	0.0

### 2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c 176342	1890 Extension	Hatch	Evans-Allen
	0	0	0
1862 Matching 88171	1890 Matching	1862 Matching	1890 Matching
	0	0	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
0	0	0	0

## V(D). Planned Program (Activity)

### 1. Brief description of the Activity

•Conference/ training related to healthy lifestyle. •Conference/ training related to diabetes. •Conference/ training related to injury prevention. •Conference/ training related to indoor air quality. •Offer counseling in the areas of health and safety. •Workin collaboration with the communication media. •Prepare educational materials. •Continue working in partnership with other agencies to develop educational programs.

### 2. Brief description of the target audience

Extension professionals (in service training), individuals interested in promotion/preventing diseases and professionals from other agencies, low-inocme families, community leaders, and the general public.

**V(E). Planned Program (Outputs)**

**1. Standard output measures**

**Target for the number of persons (contacts) reached through direct and indirect contact methods**

	<b>Direct Contacts Adults</b>	<b>Indirect Contacts Adults</b>	<b>Direct Contacts Youth</b>	<b>Indirect Contacts Youth</b>
<b>Year</b>	<b>Target</b>	<b>Target</b>	<b>Target</b>	<b>Target</b>
<b>Plan</b>	4000	5000	4000	1500
2008	7651	4305	8372	1005

**2. Number of Patent Applications Submitted (Standard Research Output)**

**Patent Applications Submitted**

**Year Target**

**Plan: 0**

**2008: 0**

**Patents listed**

**3. Publications (Standard General Output Measure)**

**Number of Peer Reviewed Publications**

	<b>Extension</b>	<b>Research</b>	<b>Total</b>
<b>Plan</b>	0	0	
2008	0	0	0

**V(F). State Defined Outputs**

**Output Target**

**Output #1**

**Output Measure**

Number of persons that completed non-formal health education and health promotion programs

<b>Year</b>	<b>Target</b>	<b>Actual</b>
2008	1100	3804

**V(G). State Defined Outcomes**

O No.	Outcome Name
1	Number of persons that reduced their risk levels upon the completion of one or more recommended practices on healthy lifestyles
2	Number of persons that reduced their risk levels for a chronic disease upon the increase of physical activity in to their lifestyle.
3	Number of persons that learned about risk reduction and safety
4	Number of persons that learned about indoor air contamination
5	Number of persons that detected and controlled indoor air contaminants in their homes
6	Number of persons that acquired skills and modified attitudes and practices related to injury prevention

**Outcome #1**

**1. Outcome Measures**

*Not reporting on this Outcome for this Annual Report*

**2. Associated Institution Types**

**3a. Outcome Type:**

**3b. Quantitative Outcome**

Year	Quantitative Target	Actual
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**3c. Qualitative Outcome or Impact Statement**

**Issue (Who cares and Why)**

**What has been done**

**Results**

**4. Associated Knowledge Areas**

KA Code	Knowledge Area
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**V(H). Planned Program (External Factors)**

**External factors which affected outcomes**

Competing Programmatic Challenges

Other (Specials projects, Community wide health events)

**Brief Explanation**

The number of contacts reached was greater than projected due to the amount of a variety of community-wide health events that were celebrated during the year. The outcomes had an increase due to special projects conducted with youth and the refocusing of the agents' work toward the populations actual needs.

**V(I). Planned Program (Evaluation Studies and Data Collection)**

**1. Evaluation Studies Planned**

**Evaluation Results**

**Key Items of Evaluation**