

Human Health

Human Health

V(A). Planned Program (Summary)

1. Name of the Planned Program

Human Health

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
724	Healthy Lifestyle	100%		100%	
Total		100%		100%	

V(C). Planned Program (Inputs)

1. Actual amount of professional FTE/SYs expended this Program

Year: 2008	Extension		Research	
	1862	1890	1862	1890
Plan	14.5	0.0	0.4	0.0
Actual	9.7	0.0	1.2	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c 238530	1890 Extension	Hatch 8914	Evans-Allen 0
1862 Matching 238530	1890 Matching 0	1862 Matching 7614	1890 Matching 0
1862 All Other 0	1890 All Other 0	1862 All Other 312312	1890 All Other 0

V(D). Planned Program (Activity)

1. Brief description of the Activity

Research in healthy lifestyles education will be complemented by Extension programming, including the following methods:

- Training programs
- Video conferences
- Health fairs
- Workshops
- Partnership development
- Needs assessment
- Leadership training Strategic planning

2. Brief description of the target audience

The audience for this program includes all Mississippians, with a specific focus on those who are overweight and/or have hypertension, and high blood cholesterol.

V(E). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
Plan	137888	34472	0	0
2008	62660	87669	0	0

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year Target

Plan: 0

2008: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

	Extension	Research	Total
Plan	2	1	
2008	0	2	2

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

Number of clientele attending workshops, seminars, and short courses.

Year	Target	Actual
2008	22981	25055

Output #2

Output Measure

Number of articles/abstracts in journals, proceedings, and edited books.

Not reporting on this Output in this Annual Report

V(G). State Defined Outcomes

O No.	Outcome Name
1	Number of clientele reporting changes in lifestyle to improve health.
2	Number of clientele reporting decreases in at least one indicator (blood pressure, blood cholesterol, body mass index).

Outcome #1

1. Outcome Measures

Not reporting on this Outcome for this Annual Report

2. Associated Institution Types

3a. Outcome Type:

3b. Quantitative Outcome

Year	Quantitative Target	Actual
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3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
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V(H). Planned Program (External Factors)

External factors which affected outcomes

Economy

Other (Cultural traditions)

Brief Explanation

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

Before-After (before and after program)

Evaluation Results

{No Data Entered}

Key Items of Evaluation

{No Data Entered}