

Family Relations and Transitions

Family Relations and Transitions

V(A). Planned Program (Summary)

1. Name of the Planned Program

Family Relations and Transitions

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
801	Individual and Family Resource Management	20%		20%	
802	Human Development and Family Well-Being	20%		20%	
803	Sociological and Technological Change Affecting Individuals, Families and Communities	60%		60%	
Total		100%		100%	

V(C). Planned Program (Inputs)

1. Actual amount of professional FTE/SYs expended this Program

Year: 2008	Extension		Research	
	1862	1890	1862	1890
Plan	7.3	0.0	0.4	0.0
Actual	6.9	0.0	8.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c 112596	1890 Extension	Hatch	Evans-Allen
	0	0	0
1862 Matching 370822	1890 Matching	1862 Matching	1890 Matching
	0	0	0
1862 All Other 708830	1890 All Other	1862 All Other	1890 All Other
	0	0	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

•4-H volunteer Development - Volunteer Training •Caring For Kids - Baby Sitting Training for Youth •Collaborative Relationships With Community Organizations •Community Inquiries •Facilitation skills for community leaders •Family Related (publication) •Family Related (refereed journal article) •Home Visits With New Parents •Human Development and Family Relations Training To New Parent Educators and Home Visitors in the "Parents Are Teachers Too" Model •Infant Mental Health Professional Development Opportunities •Leadership to Collaborative Groups to Improve and Expand Maine's Home Visiting System •Legislative education •Mentor and Provide Technical Assistance to Home Visiting Program Managers •Newsletter - Money Sense •Parent Educator Training •Professional Development For Home Visitors •Professional development trainings •Recruit, Educate, and Match Volunteer Mentors with Adolescent Parents. •Strengthening Stepfamilies •The Growing Years •This is a pilot- Home Budgeting Clinic with consultation- of a family referred by EAP. •Training Opportunities for Parent Educators. •Turn Beauty Inside Out/ Full of Ourselves Workshops - Adults •Volunteer Support - 4-H Youth Development •Women's Leadership Retreats: The Eleanor Days

2. Brief description of the target audience

•4-H Community or Project Clubs Participants (Youth) •4-H Volunteers (Adult) •Agency Staff or Professionals (Adult) •Business Owners - current (Adult) •Care Providers for Children (Adult) •Coalition Members (Adult) •Community Leaders (Adult) •Community Members (Adult) •Community Organization Members or Staff (Adult) •Extension - all staff (Adult) •Extension Faculty (Adult) •Families (Adult) •Families (Youth) •General Public (Adult) •Grandparents (Adult) •Parent Educators (Adult) •Parents (Adult) •Policy Makers (Adult) •Scientists (Adult) •Social Service Providers (Adult) •Teachers (Adult) •Volunteers (Adult) •Youth (Youth)

V(E). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
Plan	1350	718	75	0
2008	1321	10785	78	0

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year	Target
Plan:	0
2008:	0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

	Extension	Research	Total
Plan	0	0	
2008	0	0	0

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

Direct - Experiential Learning

Not reporting on this Output in this Annual Report

Output #2

Output Measure

Direct - Applied Research

Not reporting on this Output in this Annual Report

Output #3

Output Measure

Direct - Collaborative or Cooperative Effort

Year	Target	Actual
2008	16	53

Output #4

Output Measure

Direct - Conference or symposium; Planning and/or participation

Not reporting on this Output in this Annual Report

Output #5

Output Measure

Direct - Consultation; phone, written, in-person

Not reporting on this Output in this Annual Report

Output #6

Output Measure

Direct - Group Presentation

Not reporting on this Output in this Annual Report

Output #7

Output Measure

Direct - Public Presentation

Not reporting on this Output in this Annual Report

Output #8

Output Measure

Direct - Train-the-Trainer

Not reporting on this Output in this Annual Report

Output #9

Output Measure

Direct - Volunteer Training

Not reporting on this Output in this Annual Report

Output #10

Output Measure

Direct - Workshop - series

Not reporting on this Output in this Annual Report

Output #11

Output Measure

Indirect - Publication - curriculum

Not reporting on this Output in this Annual Report

Output #12

Output Measure

Indirect - Publication - newsletter

Not reporting on this Output in this Annual Report

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Output #13

Output Measure

Indirect - Written or e-mail response to Client Request

Not reporting on this Output in this Annual Report

Output #14

Output Measure

Direct - Conference/Symposium

Year	Target	Actual
2008	{No Data Entered}	4

Output #15

Output Measure

Direct - Consultation

Year	Target	Actual
2008	{No Data Entered}	1623

Output #16

Output Measure

Direct - Educational Programs or Projects

Year	Target	Actual
2008	{No Data Entered}	3

Output #17

Output Measure

Direct - Train the Trainer or Volunteer Training

Year	Target	Actual
2008	{No Data Entered}	78

Output #18

Output Measure

Indirect - Applied Research

Year	Target	Actual
2008	{No Data Entered}	2

Output #19

Output Measure

Indirect - Professional, Peer-reviewed, or Refereed, Scholarship

Year	Target	Actual
2008	{No Data Entered}	15

Output #20

Output Measure

Indirect - Publication in the Popular Media

Year	Target	Actual
2008	{No Data Entered}	20

V(G). State Defined Outcomes

O No.	Outcome Name
1	Demonstrate age-appropriate preventive health practices
2	Demonstrate age-appropriate relationship skills
3	Demonstrate age-appropriate tasks and needs
4	Demonstrate conflict management or mediation skills
5	Demonstrate effective mentoring or coaching skills
6	Demonstrate healthy lifestyle practices
7	Demonstrate how to care for and nurture others
8	Demonstrate how to communicate effectively
9	Demonstrate how to create safe spaces
10	Demonstrate how to develop a budget to meet financial goals
11	Demonstrate how to distinguish between "needs" and "wants"
12	Demonstrate how to keep good records
13	Demonstrate how to make informed financial decisions
14	Demonstrate how to promote competence
15	Demonstrate how to respect others
16	Demonstrate how to respond to an emergency situation
17	Demonstrate how to support development of whole people
18	Demonstrate positive engagement in their communities
19	Describe age-appropriate safety practices
20	Describe effective group work and leadership
21	Describe elements of safe environments in homes, schools, or communities
22	Describe gender stereotypes and their effects
23	Describe the components of a record-keeping system
24	Describe the elements of safe spaces
25	Describe the essential factors regarding human development principles
26	Describe the impact of cultural and media messages
27	Adopt record-keeping system
28	Balance roles, responsibilities, and stress
29	Conduct community-based education that encourages healthy individual and family behaviors
30	Create learning opportunities based on principles of positive human development
31	Create safe and empowering learning opportunities
32	Create sustainable networks
33	Develop a financial plan
34	Develop and apply policies or practices that create safe, healthy physical environments
35	Develop and apply policies or practices that create safe, healthy psychological environments
36	Develop literacy and critical thinking skills
37	Develop skills that promote healthy relationships
38	Engage in leadership development
39	Make better decisions
40	Make better decisions using accurate records
41	Manage community resources
42	Model positive group behavior to others
43	Organize conferences or other learning opportunities
44	Use literacy and critical thinking skills
45	Use relevant UMCE web-based resources
46	Improve the lives of Maine citizens through positive human development, healthy lifestyles and nutrition, and lifelong wellness
47	Increase the economic and social viability and sustainability of Maine communities.
48	Provide learning opportunities for groups or organizations
49	Reduce or eliminate gender stereotyping
50	Teach others to take leadership and facilitation roles
51	Treat all people with dignity and respect
52	Demonstrate a positive attitude toward safety
53	Demonstrate basic facilitation skills
54	Demonstrate effective collaboration skills and techniques
55	Demonstrate how to allocate scarce or limited resources
56	Demonstrate how to create educational situations that honor all learning styles
57	Demonstrate how to effectively lead organizations or community groups

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|----|---|
| 58 | Describe diversity |
| 59 | Confront disrespectful behaviors |
| 60 | Create and sustain effective partnerships and collaborations |
| 61 | Create new media |
| 62 | Develop a shared vision for the future |
| 63 | Have "real" conversations about gender issues and limits of stereotypes |
| 64 | Support and mentor others in leadership roles |
| 65 | Adopt effective communication skills |
| 66 | Assume personal responsibility for health |
| 67 | Express good feeling about self |
| 68 | Increase volunteerism |

Outcome #1

1. Outcome Measures

Not reporting on this Outcome for this Annual Report

2. Associated Institution Types

3a. Outcome Type:

3b. Quantitative Outcome

Year	Quantitative Target	Actual
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3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
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V(H). Planned Program (External Factors)

External factors which affected outcomes

Natural Disasters (drought, weather extremes, etc.)

Economy

Appropriations changes

Public Policy changes

Government Regulations

Competing Public priorities

Competing Programmatic Challenges

Populations changes (immigration, new cultural groupings, etc.)

Brief Explanation

{No Data Entered}

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

Before-After (before and after program)

During (during program)

Time series (multiple points before and after program)

Case Study

Evaluation Results

Key Items of Evaluation