

Human Development and Family Wellbeing

Human Development and Family Wellbeing

V(A). Planned Program (Summary)

1. Name of the Planned Program

Human Development and Family Wellbeing

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
802	Human Development and Family Well-Being	90%		80%	
803	Sociological and Technological Change Affecting Individuals, Families and Communities	10%		20%	
Total		100%		100%	

V(C). Planned Program (Inputs)

1. Actual amount of professional FTE/SYs expended this Program

Year: 2008	Extension		Research	
	1862	1890	1862	1890
Plan	9.0	0.0	3.0	0.0
Actual	13.7	0.0	7.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c 664302	1890 Extension	Hatch 206839	Evans-Allen 0
1862 Matching 548329	1890 Matching 0	1862 Matching 206839	1890 Matching 0
1862 All Other 4598382	1890 All Other 0	1862 All Other 1601228	1890 All Other 0

V(D). Planned Program (Activity)

1. Brief description of the Activity

Activities under the sub goal "Studying the factors that enhance or hinder resilience in families in order to create programs and policies that will foster healthy families" include continued development of a web-based self-study of the curriculum for couples participating in life management courses; the More Fun with Sisters and Brothers Program curriculum has been refined and extended and now contains additional strategies and tools for enhancing children's sibling competencies, particularly in the areas of perspective-taking, emotion regulation, and conflict management; a project examining variations in co-parenting relationships for divorced mothers who experienced violence during their marriages [the results of the study contributed to a change in knowledge about factors that contribute to effective co-parenting after violence]; and work that is generating knowledge about what stressors are faced by lesbian and gay parents [and their children] who live in nonmetropolitan communities, the ways in which they respond to these issues, and the support that they would like to see developed in their communities.

Activities under the sub goal "Studying the processes of positive social and emotional development in children and adolescents in order to develop ways in which parents and other adults can foster healthy development" included the ongoing implementation of the Child Development Laboratory [CDL] Research Database Project [this project is designed to facilitate an interdisciplinary, longitudinal, and programmatic research agenda at the CDL]; and a project with the overall goal of deepening our understanding of how schools impact racial/ethnic and class differences in student achievement and school-related attitudes and behaviors during elementary school [the results thus far indicate that schools may be able to reduce racial/ethnic and socioeconomic differences in student achievement by creating academic and social environments which foster school-related attitudes and behaviors necessary for school success].

Conferences and presentations by Investigators under this Planned Program in 2008 included The National Extension Relationship and Marriage Education Network and The Father Involvement Research Conference.

Parenting 24/7 is a web-based resource that serves as a "one-stop" repository for parenting information that is produced by the University of Illinois Family Life team [newsletter, brochures, etc.]. The site is organized by age of children, and includes research based articles, links to breaking news on child development, parenting, and family life, links to recommended websites, and video clips of actual parents talking about how they manage the challenges of raising children. The site also features: 1) the ability to receive monthly updates on new content added to the site; 2) the ability to rate and make comments on all content; and 3) the ability to easily share content by emailing to others or printing materials. The program is marketed by Extension offices using promotional materials developed by the Family Life Team of Extension Educators.

Partners in Parenting is a statewide project funded by USDA's Children, Youth, and Families at Risk [CYFAR] program. Through a community collaboration approach to support systems change in communities located in Cook County and four sites in southern Illinois, the program offers parents of newborns: 1) basic child development and parenting information; 2) guided activities designed to promote positive parenting; and 3) support for seeking additional information and resources from their community through local resources and program opportunities. Networking with other local agencies is an important component of this program.

Intentional Harmony is a multidimensional curriculum that was designed to increase knowledge of the causes, correlates, and outcomes of work-life stress, reduce the experience of work-life stress, and increase the use of adaptive work-life management strategies among program participants. The content is delivered face-to-face and through conventional written materials but has a significant mechanism for curriculum updates and facilitator support via a dynamic website. Six modules correspond to managing work and six domains of non-work life that include: 1) parenting; 2) relationships with a partner or spouse; 3) workplace relationships/stress; 4) emotional well-being; 5) physical health; and 6) extended family and friends. A web-based self-study for end users is being developed. *Intentional Harmony* is being used by facilitators across the country.

Other Extension activities include Your Young Child, a research-based curriculum and customized brochures that help parents of infants and toddlers manage seven difficult stages and behaviors that are linked to child abuse and neglect; Caregiving Relationships workshops; the Parenting Again newsletter series for grandparents raising grandchildren; a Latino Childcare Video/DVD; and Nurturing Creativity DVD and lesson guide for child care providers.

2. Brief description of the target audience

Researchers as well as developers of educational and intervention programs, policy makers, professionals who work with women and their families affected by violence, policy makers and service providers concerned with building strong communities and families [and in particular African-American families], lesbian and gay parents and their children living in downstate Illinois, child care professionals, parents, professionals working with children and families, families with young children living in rural and suburban communities, the academic fields of sociology, education, and psychology, and educational education practitioners [i.e., principals and teachers].

Extension is also focusing on individuals who work for pay and parents/grandparents of newborns in communities where at least 20% of the population lives in households with incomes below the poverty level and meet at least 50% of the following characteristics: 1) family qualifies for public assistance program; 2) family income falls below the poverty threshold; 3) family income is less than 75% of the state or county median income; 4) a parent did not complete high school; and 5) youth/family on record with community juvenile justice and law enforcement or social service agencies for various risk indicators.

V(E). Planned Program (Outputs)**1. Standard output measures****Target for the number of persons (contacts) reached through direct and indirect contact methods**

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
Plan	14600	247000	2100	1000
2008	24628	24915	11162	0

2. Number of Patent Applications Submitted (Standard Research Output)**Patent Applications Submitted**

Year	Target
Plan:	0
2008:	0

Patents listed**3. Publications (Standard General Output Measure)****Number of Peer Reviewed Publications**

	Extension	Research	Total
Plan	0	7	
2008	0	12	12

V(F). State Defined Outputs**Output Target****Output #1****Output Measure**

Number of completed research projects.

Year	Target	Actual
2008	3	1

V(G). State Defined Outcomes

O No.	Outcome Name
1	Number of persons demonstrating or reporting KASA changes.
2	Number of persons reporting or demonstrating behavior changes.
3	To Pinpoint Risk Factors And Underlying Processes That Contribute To Children's Peer Difficulties
4	To Understand The Factors That Contribute To Effective Co-Parenting After A History Of Intimate Partner Violence
5	To Educate Working Couples About Managing The Stresses Of Work While Maintaining Their Intimate Relationship
6	Number Of Research Projects Utilizing The Child Development Laboratory Research Database
7	Identifying The Stressors And Coping Strategies Of African American Families
8	Knowledge Of Child's Behaviors And Development
9	Increased Confidence And Competence In Functioning As A Parent
10	Increased Parenting Practices That Promote Nurturing Relationships
11	Reduction In Physical Strain And Emotional Strain From Balancing Work And Personal Life

Outcome #1

1. Outcome Measures

Not reporting on this Outcome for this Annual Report

2. Associated Institution Types

3a. Outcome Type:

3b. Quantitative Outcome

Year	Quantitative Target	Actual
------	---------------------	--------

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
---------	----------------

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Economy
- Competing Public priorities
- Competing Programmatic Challenges
- Populations changes (immigration,new cultural groupings,etc.)
- Other (Mobility of program 'at-risk' participants)

Brief Explanation

Challenges exist in tracking practice changes by those who visit websites that experience webpage views.Efforts are being made to find ways to do so for Parenting 24/7 website users that have grown from 4,574 webpage views in September 2005 to 57,583 in February of 2009.

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Retrospective (post program)
- Before-After (before and after program)
- Time series (multiple points before and after program)
- Comparisons between program participants (individuals,group,organizations) and non-participants

Evaluation Results

Parenting 24/7 programming was awarded the 2008 National Extension Association for Family and Consumer Sciences Florence Hall Award. The Florence Hall Award is presented for an outstanding program conducted by one or more NEAFCS members who have been alert in recognizing new concerns and interests of families and have involved people in planning and implementing programs that benefit families. The application received the maximum possible score from judges, and was described as " a thoughtfully developed resource, making the best use of technology to meet parents' needs with up-to-date information—a great example of Extension teamwork in action."

Key Items of Evaluation