

# Family Nutrition Program

Family Nutrition Program

## V(A). Planned Program (Summary)

### 1. Name of the Planned Program

Family Nutrition Program

## V(B). Program Knowledge Area(s)

### 1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
702	Requirements and Function of Nutrients and Other Food Components	10%			
703	Nutrition Education and Behavior	60%			
704	Nutrition and Hunger in the Population	10%			
724	Healthy Lifestyle	10%			
801	Individual and Family Resource Management	10%			
	<b>Total</b>	100%			

## V(C). Planned Program (Inputs)

### 1. Actual amount of professional FTE/SYs expended this Program

Year: 2007	Extension		Research	
	1862	1890	1862	1890
<b>Plan</b>	17.0	0.0	0.0	0.0
<b>Actual</b>	15.0	0.0	0.0	0.0

### 2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c 382233	1890 Extension	Hatch	Evans-Allen
	0	0	0
1862 Matching 364488	1890 Matching	1862 Matching	1890 Matching
	0	0	0
1862 All Other 12184	1890 All Other	1862 All Other	1890 All Other
	0	0	0

## V(D). Planned Program (Activity)

### 1. Brief description of the Activity

FNP is a multifaceted set of nutrition and physical activity programs intended to improve the health of limited-resource families, youths, and adults. FNP targets the risk factors associated with the rising incidence of cardiovascular disease, diabetes, hypertension, and other chronic diseases. . In 2007, 50 Nutrition Outreach Instructors, 47 Extension agents, and more than 2000 volunteers in 42 counties contributed their time and expertise to deliver the program. Nutrition outreach instructors are trained paraprofessionals who deliver a series of interactive lessons over a period of six weeks to six months.

Family Nutrition Program

**2. Brief description of the target audience**

FNP targets limited-resource families living at or below 185% of the federal poverty line and youths attending schools with more than 50% participation in free and reduced-price lunch. This refers to a large percentage of the population that is defined as "working poor." FNP reaches this diverse population by conducting interventions at times and in locations easily accessible to this audience

**V(E). Planned Program (Outputs)**

**1. Standard output measures**

**Target for the number of persons (contacts) reached through direct and indirect contact methods**

	<b>Direct Contacts Adults</b>	<b>Indirect Contacts Adults</b>	<b>Direct Contacts Youth</b>	<b>Indirect Contacts Youth</b>
<b>Year</b>	<b>Target</b>	<b>Target</b>	<b>Target</b>	<b>Target</b>
<b>Plan</b>	35000	400000	42000	800000
2007	34000	400000	96000	800000

**2. Number of Patent Applications Submitted (Standard Research Output)**

**Patent Applications Submitted**

<b>Year</b>	<b>Target</b>
<b>Plan:</b>	0
2007:	0

**Patents listed**

**3. Publications (Standard General Output Measure)**

**Number of Peer Reviewed Publications**

	<b>Extension</b>	<b>Research</b>	<b>Total</b>
<b>Plan</b>			
2007	0	0	0

**V(F). State Defined Outputs**

**Output Target**

**Output #1**

**Output Measure**

Youth and adult nutrition classes

<b>Year</b>	<b>Target</b>	<b>Actual</b>
2007	500	500

**Output #2**

**Output Measure**

Newsletters produced and distributed

<b>Year</b>	<b>Target</b>	<b>Actual</b>
2007	6	4

**Output #3**

**Output Measure**

Video/DVD produced

<b>Year</b>	<b>Target</b>	<b>Actual</b>
2007	1	0

**Output #4**

**Output Measure**

Health fairs conducted

<b>Year</b>	<b>Target</b>	<b>Actual</b>
2007	35	35

**V(G). State Defined Outcomes**

O No.	Outcome Name
1	Increased breads and cereals - 75%
2	Increased fruits and vegetables - 75%
3	Increased calcium/dairy - 75%
4	Increase protein (meat and alternatives) 75%
5	Increase number of all servings of: Bread & Cereal, Fruits and Vegetables, Calcium/Dairy, Protein/Meats
6	Food Security- Access to available healthy foods
7	Food Resource Management - Stretching food dollars throughout the month

**Outcome #1**

**1. Outcome Measures**

*Not reporting on this Outcome for this Annual Report*

**2. Associated Institution Types**

**3a. Outcome Type:**

**3b. Quantitative Outcome**

Year	Quantitative Target	Actual
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**3c. Qualitative Outcome or Impact Statement**

**Issue (Who cares and Why)**

**What has been done**

**Results**

**4. Associated Knowledge Areas**

KA Code	Knowledge Area
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**V(H). Planned Program (External Factors)**

**External factors which affected outcomes**

Economy

Appropriations changes

Government Regulations

**Brief Explanation**

Available funding will impact ability to provide programming, especially for low-income target audiences.

**V(I). Planned Program (Evaluation Studies and Data Collection)**

**1. Evaluation Studies Planned**

Before-After (before and after program)

Case Study

Other (FSNE - Education and Administrative)

**Evaluation Results**

**Key Items of Evaluation**