

Dining with Diabetes

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V(A). Planned Program (Summary)

1. Name of the Planned Program

Dining with Diabetes

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
802	Human Development and Family Well-Being	100%			
	Total	100%			

V(C). Planned Program (Inputs)

1. Actual amount of professional FTE/SYs expended this Program

Year: 2007	Extension		Research	
	1862	1890	1862	1890
Plan	2.0	0.0	0.0	0.0
Actual	2.0	0.0	0.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c 55265	1890 Extension	Hatch	Evans-Allen
	0	0	0
1862 Matching 55265	1890 Matching	1862 Matching	1890 Matching
	0	0	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
0	0	0	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

-- Conduct DWD classes in 32 counties with an average of 25 participants per class. -- Train WV Extension educators and their health care partners in conducting a DWD program by holding an annual in-service training. -- Provide Diabetes Update newsletter each month.

2. Brief description of the target audience

Primary target audience is adult West Virginians who have diabetes and their caregivers. Over 75% of the participants were over 55 years old.

V(E). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
Plan	890	1600	0	0
2007	1158	7047	8	225

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year Target

Plan: 0

2007: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

	Extension	Research	Total
Plan			
2007	0	0	0

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

Conduct Dining with Diabetes Schools.

Year	Target	Actual
2007	35	71

Output #2

Output Measure

Train WV Extension educators and health care partners to conduct DWD programs.

Year	Target	Actual
2007	70	25

Output #3

Output Measure

Provide Diabetes Update Newsletter.

Year	Target	Actual
2007	12	0

V(G). State Defined Outcomes

O No.	Outcome Name
1	Improvements in the knowledge of participants, Extension educators, and healthcare partners regarding clinical and behavioral aspects of diabetes and its complications
2	Improved clinical test results
3	Improved health-related behaviors of participants regarding food selection, portion size, and exercise
4	Improved health of people with diabetes through positive lifestyle changes - It is not possible for the current program to measure this outcome but the state data

Outcome #1

1. Outcome Measures

Not reporting on this Outcome for this Annual Report

2. Associated Institution Types

3a. Outcome Type:

3b. Quantitative Outcome

Year	Quantitative Target	Actual
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3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
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V(H). Planned Program (External Factors)

External factors which affected outcomes

Natural Disasters (drought, weather extremes, etc.)

Economy

Appropriations changes

Government Regulations

Competing Public priorities

Competing Programmatic Challenges

Populations changes (immigration, new cultural groupings, etc.)

Brief Explanation

{No Data Entered}

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

Before-After (before and after program)

During (during program)

Evaluation Results

{No Data Entered}

Key Items of Evaluation

{No Data Entered}