

Human Nutrition

Human Nutrition

V(A). Planned Program (Summary)

1. Name of the Planned Program

Human Nutrition

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
703	Nutrition Education and Behavior		100%		
	Total		100%		

V(C). Planned Program (Inputs)

1. Actual amount of professional FTE/SYs expended this Program

Year: 2007	Extension		Research	
	1862	1890	1862	1890
Plan	0.0	7.0	0.0	0.0
Actual	0.0	7.0	0.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
0	336063	0	0
1862 Matching	1890 Matching	1862 Matching	1890 Matching
0	199535	0	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
0	20433	0	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

one-on-one consultations
 on-site food demonstrations
 train the trainer opportunities
 educational programs and classes
 a series of nutrition classes to special interest groups
 Exhibiting educational displays at various sites

2. Brief description of the target audience

- Minority families and individuals
- Senior adults
- Single parents
- Persons coping with chronic illnesses

V(E). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
Plan	8025	10025	660	1660
2007	9979	10115	721	1753

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year	Target
Plan:	0
2007:	0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

	Extension	Research	Total
Plan			
2007	0	0	0

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

Conduct educational programs on basic nutrition Enroll participants in a series of nutrition educational classes
 Conduct nutrition workshops and seminars on new dietary guidelines and MyPyramid Disseminate information
 letters addressing nutrition and health Conduct on site food demonstrations for senior adults and parents

Year	Target	Actual
2007	600	713

V(G). State Defined Outcomes

O No.	Outcome Name
1	Participants understand and use MyPyramid in meal buying and preparation Participants become aware of diet related diseases Participants understand the connection between diet and exercise Participants increase consumption of fruits and vegetables Expectant teen mothers adopt healthy eating habits Participants modify recipes to decrease amount of calories

Outcome #1

1. Outcome Measures

Not reporting on this Outcome for this Annual Report

2. Associated Institution Types

3a. Outcome Type:

3b. Quantitative Outcome

Year	Quantitative Target	Actual
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3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
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V(H). Planned Program (External Factors)

External factors which affected outcomes

Economy

Brief Explanation

Economic conditions including the increased costs associated with food have made human nutrition more difficult for socially disadvantaged families.

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

During (during program)

Other (pre-post assessments)

Evaluation Results

Survey indicate that:

65% increased knowledge of the essentials of human nutrition

83% increased the ability to select low-cost, nutritious foods

89% improved practices in food preparation and safety

Key Items of Evaluation

Increased knowledge and adoption of human nutrition training.