

Family and Consumer Resources

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V(A). Planned Program (Summary)

1. Name of the Planned Program

Family and Consumer Resources

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

| KA Code | Knowledge Area | %1862 Extension | %1890 Extension | %1862 Research | %1890 Research |
|--------------|---|-----------------|-----------------|----------------|----------------|
| 703 | Nutrition Education and Behavior | 20% | | | |
| 712 | Protect Food from Contamination by Pathogenic Microorganisms, Parasites, and Naturally Occurring Toxins | 20% | | | |
| 724 | Healthy Lifestyle | 20% | | | |
| 801 | Individual and Family Resource Management | 20% | | | |
| 802 | Human Development and Family Well-Being | 20% | | | |
| Total | | 100% | | | |

V(C). Planned Program (Inputs)

1. Actual amount of professional FTE/SYs expended this Program

| Year: 2007 | Extension | | Research | |
|---------------|-----------|------|----------|------|
| | 1862 | 1890 | 1862 | 1890 |
| Plan | 27.0 | 0.0 | 0.0 | 0.0 |
| Actual | 28.0 | 0.0 | 0.0 | 0.0 |

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

| Extension | | Research | |
|-------------------------------|----------------|----------------|----------------|
| Smith-Lever 3b & 3c 451561 | 1890 Extension | Hatch | Evans-Allen |
| | 0 | 0 | 0 |
| 1862 Matching 451561 | 1890 Matching | 1862 Matching | 1890 Matching |
| | 0 | 0 | 0 |
| 1862 All Other 4445118 | 1890 All Other | 1862 All Other | 1890 All Other |
| | 0 | 0 | 0 |

V(D). Planned Program (Activity)

1. Brief description of the Activity

Nutrition Connections - educational courses to income eligible New Hampshire residents' - ability to meet nutritional needs through available resources. Includes EFNEP (Expanded Food and Nutrition Education Program) and FSNEP (Food Stamp Nutrition Education Program.)

Lighten Up NH! - a statewide initiative of UNHCE that will identify, organize and integrate the diversity of human, educational, and environmental resources involving obesity prevention and reduction in New Hampshire. Specifically a new website will be developed and marketed.

ServSafe®, SAFE (Safety Awareness in the Food Environment)

Food safety programming in Nutrition Connections - educational courses to income eligible New Hampshire residents on how to eat healthier on a limited budget.

Parenting Education such as Strengthening Families 10- 14, Dare To Be You, Family Focus, Supportive Connections for Single Parent Families, Stepfamilies, Relatives as Parents; Cradle Crier and Toddler Tales (age- paced newsletters); Single topic sessions including Positive Discipline, Raising Your Child's Self- Esteem

Better Kid Care, Promoting the Social Emotional Competence of Young Children, Collaborations with NH Resource and Referral Agencies.

Prepare for Eldercare - Cooperative Extension and AARP working together with local partners to develop effective delivery mechanisms to reach out to family caregivers with limited incomes and those whose care recipients may have limited incomes and resources

Family Impact Seminars for NH legislators and other decision makers

Making Money Work for You, Planning Ahead...Staying Ahead, Credit Check Up, Debt Check Up, Starting Over Bankruptcy Education, Take the Road to Financial Security in Later Life, Investing for Your Future, Legally Secure Your Financial Future, High School Financial Planning

2. Brief description of the target audience

Parents, child care providers, policy makers, human service agencies, families, food service workers

V(E). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) reached through direct and indirect contact methods

| | Direct Contacts Adults | Indirect Contacts Adults | Direct Contacts Youth | Indirect Contacts Youth |
|-------------|-----------------------------------|-------------------------------------|----------------------------------|------------------------------------|
| Year | Target | Target | Target | Target |
| Plan | 9000 | 200000 | 1750 | 0 |
| 2007 | 16808 | 30000 | 15470 | 0 |

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

| Year | Target |
|--------------|---------------|
| Plan: | 0 |
| 2007: | 0 |

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

| | Extension | Research | Total |
|-------------|------------------|-----------------|--------------|
| Plan | | | |
| 2007 | 0 | 0 | 0 |

V(F). State Defined Outputs**Output Target****Output #1****Output Measure**

Percent increase in web usage of Lighten Up! New Hampshire web site

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2007 | 5 | 0 |

Output #2**Output Measure**

Number of people who participate in ServSafe® workshops, SAFE (Safety Awareness in the Food Environment)

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2007 | 700 | 2123 |

Output #3**Output Measure**

Number of low-income adults participating in Nutrition Connections - educational courses to income eligible New Hampshire residents - Includes EFNEP (Expanded Food and Nutrition Education Program) and FSNEP (Food Stamp Nutrition Education Program)

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2007 | 1000 | 27623 |

Output #4**Output Measure**

Number of people participating in Better Kid Care, Promoting the Social Emotional Competence of Young Children, Collaborations with NH Resource and Referral Agencies

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2007 | 1200 | 519 |

Output #5**Output Measure**

Number of people who participate in Prepare for Eldercare programs

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2007 | 0 | 0 |

Output #6**Output Measure**

Number of people participating in LEAP (Lifeskills for Employment, Achievement and Purpose) a three-week, 90-hour job-readiness program offering family lifeskills and personal development education

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2007 | 600 | 205 |

Output #7**Output Measure**

Number of youth participating in Making Money Work for You, Planning Ahead...Staying Ahead, Credit Check Up, Debt Check Up, Starting Over Bankruptcy Education, Take the Road to Financial Security in Later Life, or Investing for Your Future

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2007 | 350 | 5302 |

Output #8**Output Measure**

Number of adults participating in Making Money Work for You, Planning Ahead...Staying Ahead, Credit Check Up, Debt Check Up, Starting Over Bankruptcy Education, Take the Road to Financial Security in Later Life, or Investing for Your Future

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2007 | 350 | 1718 |

Output #9**Output Measure**

Number of adults participating in food safety programming through Nutrition Connections - educational courses to income eligible New Hampshire residents on how to eat healthier on a limited budget

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2007 | 500 | 344 |

Output #10

Output Measure

Number of youth participating in food safety programming through Nutrition Connections - educational courses to income eligible New Hampshire residents on how to eat healthier on a limited budget

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2007 | 875 | 1785 |

Output #11

Output Measure

Number of people participating in Parenting Education such as Strengthening Families 10- 14, Dare To Be You, Family Focus, Supportive Connections for Single Parent Families, Stepfamilies, Relatives as Parents; receiving Cradle Crier and Toddler Tales

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2007 | 7000 | 9930 |

Output #12

Output Measure

Number of NH legislators and other decision makers attending Family Impact Seminars

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2007 | 0 | 0 |

V(G). State Defined Outcomes

| O No. | Outcome Name |
|-------|---|
| 1 | Percent of program participants who report utilizing effective practices that lead to quality child care experiences |
| 2 | Percent of money management education participants who document their improved money management practices on evaluation instruments |
| 3 | Percent of program participants who report their intention to apply their understanding of general developmental milestones and progressions in ways that support their child's progress - socially, emotionally, physically, and intellectually |
| 4 | Number of participants who report an increase in their physical activity |
| 5 | Percent of participants who report eating nearer to the recommended number of cup equivalents from the Fruits and Vegetable Group |
| 6 | Number of participants who adopt one or more healthier food/nutrition practices (choose foods according to MyPyramid and the Dietary Guidelines) |
| 7 | Percent of participants who report eating nearer to MyPyramid amounts (unspecified) |
| 8 | Percent of participants who report keeping food at safe temperatures |
| 9 | Percent of participants who practice personal hygiene such as hand washing |
| 10 | Percent of program participants who report an increased ability to deal emotionally and financially with the care of aging parents, relatives and friends |
| 11 | Number of participants who have the ability to have foods readily available for self and family |
| 12 | Percent of program participants who document an increase in their financial literacy on evaluation instruments |
| 13 | Number of counties where resource and referral agencies make Better Kid Care training available |
| 14 | Number of youth who learn how to choose foods according to the Pyramid and Dietary Guidelines |
| 15 | Percent of program participants who score 75% or greater on knowledge tests of high risk practices including: * Personal hygiene * Holding/time and temperature * Cooking temperatures * Prevention of contamination |
| 16 | Percent of LEAP participants who express or demonstrate to the Family Lifeskills Program Coordinators a gain in self confidence and/or a motivation of decreasing barriers preventing future employment |
| 17 | Percent of LEAP graduates who express knowledge gained in the areas of parenting, food and nutrition, money management, personal development, problem solving, decision making, and healthy support networks |
| 18 | Percent of New Hampshire decision makers who gain knowledge about child and family issues as a result of attending Family Policy Impact Seminars |
| 19 | Percent of participants who report keeping food at safe temperatures. Percent of participants who practice personal hygiene such as hand washing Percent of program participants who score 75% or greater on knowledge tests of high risk practices including: * Personal hygiene * Holding/time and temperature * Cooking temperatures * Prevention of contamination |
| 20 | Percent of money management education participants who document their improved money management practices on evaluation instruments. Percent of program participants who document an increase in their financial literacy on evaluation instruments. |
| 21 | Percent of program participants who report utilizing effective practices that lead to quality child care experiences. Number of counties where resource and referral agencies make Better Kid Care training available. Percent of program participants who report their intention to apply their understanding of general developmental milestones and progressions in ways that support their child's progress - socially, emotionally, physically, and intellectually. |
| 22 | Number of participants who have the ability to have foods readily available for self and family Percent of participants who report eating nearer to the recommended number of cup equivalents from the Fruits and Vegetable Group Number of participants who adopt one or more healthier food/nutrition practices (choose foods according to MyPyramid and the Dietary Guidelines) Percent of participants who report eating nearer to MyPyramid amounts (unspecified) Number of participants who report an increase in their physical activity Number of youth who learn how to choose foods according to the Pyramid and Dietary Guidelines |

Outcome #1

1. Outcome Measures

Not reporting on this Outcome for this Annual Report

2. Associated Institution Types

3a. Outcome Type:

3b. Quantitative Outcome

| Year | Quantitative Target | Actual |
|------|---------------------|--------|
|------|---------------------|--------|

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

| KA Code | Knowledge Area |
|---------|----------------|
|---------|----------------|

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Economy
- Competing Public priorities
- Populations changes (immigration,new cultural groupings,etc.)

Brief Explanation

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- After Only (post program)
- Retrospective (post program)
- Before-After (before and after program)
- During (during program)
- Time series (multiple points before and after program)

Evaluation Results

Key Items of Evaluation