

Family Relations

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V(A). Planned Program (Summary)

1. Name of the Planned Program

Family Relations

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
802	Human Development and Family Well-Being	100%		100%	
	Total	100%		100%	

V(C). Planned Program (Inputs)

1. Actual amount of professional FTE/SYs expended this Program

Year: 2007	Extension		Research	
	1862	1890	1862	1890
Plan	9.2	0.0	5.7	0.0
Actual	8.1	0.0	8.6	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c 472649	1890 Extension	Hatch	Evans-Allen
	0	75136	0
1862 Matching	1890 Matching	1862 Matching	1890 Matching
0	0	696294	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
62594	0	215327	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

In 2007, 123 educational events were conducted for families, parents of teens, divorcing parents, professionals and educators who reach parents in ways that Extension does not. Sixteen publications were produced on current topics, many of which were placed on a popular web site, www.parenting.umn.edu.

The family education network in the metro area listserve reached 660 participants. This network sent out 154 messages about relevant, current topics and new research findings. Extension was a popular source for interviews by local and statewide media, including an American Radio Works program on Children of Divorce.

Notable this year is the continued success of the Parents Forever program. In 2007, the program for divorcing parents was offered in 65 of Minnesota's 87 counties through local partnerships with trainers who are trained by Extension to deliver service. Since its inception in 1997, Parents Forever has reached an estimated 20,000 parents. Available in English and Spanish, the program is based on the latest research and designed and tested by educators at the University of Minnesota.

MAES research supported development of parenting curriculum, as well as informing family social scientists and policy makers on results of family system research.

2. Brief description of the target audience

The program serves professionals mental health professionals, parent educators, schools, courts, family service agencies, health care settings and others. Ultimately, these professionals reach parents who are divorcing, parents of adolescents and parents of pre-school and school-aged children. In 2007, the University of Minnesota hosted the National Extension Association of Family and Consumer Sciences conference. This conference reached Family Consumer Sciences professionals nationwide.

In addition to reaching parents and professionals in 2007, the program reached out to grandparents in a program called Grandparenting in a Changing World Learning Circle.

V(E). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
Plan	3500	0	50	0
2007	4555	45721	0	0

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year	Target
Plan:	0
2007:	0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

	Extension	Research	Total
Plan			
2007	2	30	32

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

Publications will be distributed.

Year	Target	Actual
2007	25000	13354

Output #2

Output Measure

Professionals will be trained.

Year	Target	Actual
2007	200	1146

Output #3

Output Measure

Parents will participate in Extension trainings.

Year	Target	Actual
2007	3000	3409

V(G). State Defined Outcomes

O No.	Outcome Name
1	Increase in knowledge of normative development, parenting practices and helping children through transitions. (Target expressed as a percentage of participants showing increased knowledge.)
2	Increased understanding of issues related to parenting children, adolescents and issues of families related to divorce, separation and stepfamilies. (Target expressed as a percentage of participants reporting increased understanding.)
3	Parents will increase parent/child communication, improve parenting practices, improve parent satisfaction and confidence. (Target expressed as a percentage of those reporting increase.)
4	Parents will apply strategies that increase resiliency and reduce risk associated with family transitions.
5	Professionals will maximize resources and develop strategies that address identified needs of families. (Target expressed as percentage of participants reporting outcome.)
6	There will be economic benefits for individuals, families and society as parenting responsibility increases and children exhibit less risky behavior and acting out.
7	There will be decreased incidences of child abuse and neglect in families where parents have received education and support.
8	Parent education will become more available and accepted in community settings.
9	There will be reduced youth risk behavior and an increase in healthy development of children through healthier parent/child relationships.
10	Professionals who work with parents and families will increase their knowledge regarding up-to-date research on parenting practices, positive child development and family functioning and well-being. (Target expressed as a percentage of participants who report knowledge gain.)
11	Parents will increase their knowledge regarding up-to-date research on parenting practices, positive child development and family functioning and well-being. (Target expressed as a percentage of participants who reported knowledge gain.)
12	Parents will improve their parenting skills. (Target expressed as percentage reporting improvement.)
13	Parents who are mandated to participate in Parents Forever because of contentious divorce situations will reduce conflict in front of their children following divorce. (Target expressed as percentage of parents who report reducing conflict.)
14	Parents mandated to participate in Parents Forever because of contentious divorce situations will increase their children's access to both parents following divorce. (The lower percentage reflects that these cases often occur where having access to both parents is not in the best interest of the children.)

Outcome #1

1. Outcome Measures

Not reporting on this Outcome for this Annual Report

2. Associated Institution Types

3a. Outcome Type:

3b. Quantitative Outcome

Year	Quantitative Target	Actual
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3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
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V(H). Planned Program (External Factors)

External factors which affected outcomes

Public Policy changes

Competing Programmatic Challenges

Populations changes (immigration,new cultural groupings,etc.)

Brief Explanation

We surpassed many of our output goals, largely because of demand for programming and because of the collaborative nature of the program. Family development programs conscientiously adapt their programs for non-English speaking audiences, creating even more demand for programming.

The train-the-trainer model program methodology was not utilized in 2007.

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

After Only (post program)

Retrospective (post program)

Comparisons between program participants (individuals,group,organizations) and non-participants

Evaluation Results

Parents who completed Parents Forever post-divorce education programs within six months and within twelve months were randomly selected to complete phone interviews. Forty-four parents from the six month group and 45 parents from the twelve-month group completed phone interviews.

Many parents reported improvements in behaviors around parent conflict in front of the children.

•At the start of the program 32.6% of parents used their children to carry messages to the other parent. After completing the program, 48% of the parents who had used their children to carry messages reported engaging in this behavior "less". 20.7% reported not engaging in that behavior at all. •At the start of the program, 38.2% put down the other parent in front of their children. After, 51.5% of those parents reported engaging those behaviors less often. 36.4% reported not engaging in those behaviors at all.

•At the start of the program, 27% of parents quizzed their children about the other parents. At the end of the program, 8.3% of those parents said they quizzed their children less; 70.8% said they hadn't engaged in that behavior at all. •Improvement in cooperation with the other parent was reported. (58.4%) •Greater emotional well-being was also reported. (78.7%) •In terms of eliminating parent conflict in front of their children, 75% of parents reported they had made changes in avoiding conflict with the other parent. Nearly half (43%) reported handling their anger with the other parent by talking it out with them, and 30.3% of parents reported increasing the amount of time the children spent with the other parent.

Key Items of Evaluation

Recent evaluation data supports the program's success. After participating in Parents Forever, 75 percent of attendees reported they had reduced conflict with the other parent in front of their children, and 66 percent said they cooperated better with the other parent about their children.