

Promoting Healthy Living Environments for Underserved and Hard to Reach Audiences - TU/FF NEWS-Fami

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V(A). Planned Program (Summary)

1. Name of the Planned Program

Promoting Healthy Living Environments for Underserved and Hard to Reach Audiences - TU/FF NEWS-Fami

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
703	Nutrition Education and Behavior		25%		
711	Ensure Food Products Free of Harmful Chemicals, Including Residues from Agricultural and Other Sources		25%		
722	Zoonotic Diseases and Parasites Affecting Humans		5%		
723	Hazards to Human Health and Safety		20%		
724	Healthy Lifestyle		25%		
	Total		100%		

V(C). Planned Program (Inputs)

1. Actual amount of professional FTE/SYs expended this Program

Year: 2007	Extension		Research	
	1862	1890	1862	1890
Plan	0.0	4.0	0.0	0.0
Actual	0.0	2.0	0.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
0	245064	0	0
1862 Matching	1890 Matching	1862 Matching	1890 Matching
0	258301	0	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
0	55403	0	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

Activities that were held included workshops, one-on-one intervention, in school and after school demonstrations and lectures.

2. Brief description of the target audience

The target audience consisted of under-served and under-represented youth and adult populations in the twelve Black Belt counties of Alabama.

V(E). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
Plan	200	50	200	50
2007	900	60	300	70

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year Target

Plan: 0

2007: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

	Extension	Research	Total
Plan			
2007	0	0	0

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

Measures will include: Participants will incorporate skills and change behaviors; the number of people who follow exercise guidelines on most days 60-minutes, 5 days a week; the percent of participants using food guide pyramids and dietary guidelines and the percent of participants reporting improved quality of life will increase.

Year	Target	Actual
2007	125	180

Output #2

Output Measure

The CSREES' Expanded Food and Nutrition Education Program (EFNEP) operated in all 50 states through 1862 land-grant institutions and in American Samoa, Guam, Micronesia, Northern Marianas, Puerto Rico, and the Virgin Islands until 2006 when 1890 institutions were invited to submit proposals to implement the program. The EFNEP program is designed to assist limited-resource audiences in acquiring the knowledge, skills, attitudes, and changed behavior necessary for nutritionally sound diets, and to contribute to their personal development and the improvement of the total family diet and nutritional well-being (CSREES).

Year	Target	Actual
2007	{No Data Entered}	180

V(G). State Defined Outcomes

O No.	Outcome Name
1	Participants will incorporate skills and change behavior; the number of people following guidelines on most 60-minutes, 5 days a week will increase; the percent of participants using food guide pyramids and dietary guidelines will increase and the percent of participants reporting improved quality of life will increase.
2	Increased consumption of fruits and vegetables and good nutrition habits among adults
3	Increased consumption of fruits and vegetables and good nutrition habits among youth

Outcome #1

1. Outcome Measures

Not reporting on this Outcome for this Annual Report

2. Associated Institution Types

3a. Outcome Type:

3b. Quantitative Outcome

Year	Quantitative Target	Actual
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3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
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V(H). Planned Program (External Factors)

External factors which affected outcomes

Natural Disasters (drought, weather extremes, etc.)

Economy

Competing Programmatic Challenges

Populations changes (immigration, new cultural groupings, etc.)

Brief Explanation

Drought in Alabama affected the availability of fruits and vegetables, thus an increase in prices.

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

Before-After (before and after program)

During (during program)

Case Study

Comparisons between different groups of individuals or program participants experiencing different levels of program intensity.

Evaluation Results

We will continue with youth EFNEP programs in two of the following counties - Hale or Greene and Perry or Lowndes which are targeted for the establishment of baselines. We plan to continue using the combined curriculum until we review and secure an appropriate science based and culturally effective program curriculum for our youth and adult EFNEP programs.

Key Items of Evaluation

Funding for EFNEP activities and programs at 1890 Institutions has just started to yield preliminary, but strong results. Continued funding will reach populations that were not reachable before.